

# Safe Sleep and Rest: Who's Who?

Title / Organisation	Role/responsibility in sleep and rest	Contact	Resources
<p>Australian Children's Education and Care Quality Authority [ACECQA]</p>	<ul style="list-style-type: none"> <li>• Is the independent national authority for children's education and care, set up under the National Quality Framework (NQF).</li> <li>• Assists governments in administering the NQF for children's education and care.</li> <li>• Is not responsible for ensuring services' compliance with the NQF.</li> <li>• Provides high-level guidance to services in relation to the NQF, including on topics such as sleep and rest (however not in relation to individual services' practices).</li> <li>• For the current health guidelines on best practices, services should always contact recognised authorities such as Red Nose Australia. Red Nose is the peak body for safe sleep in Australia.</li> </ul>	<p><b>Website:</b> <a href="http://www.acecqa.gov.au">www.acecqa.gov.au</a>  <b>Phone:</b> 1300 422 327  <b>Email:</b> <a href="mailto:info@acecqa.gov.au">info@acecqa.gov.au</a></p>	<ul style="list-style-type: none"> <li>• <a href="#">Sleep and rest legislative requirements – ACECQA web page</a></li> <li>• <a href="#">Sleep and rest risk assessment template</a></li> <li>• <a href="#">Policy and Procedure Guideline – Safe sleep and rest practices</a></li> </ul>
<p>Red Nose Australia</p>	<ul style="list-style-type: none"> <li>• Is the national recognised authority on safe sleep and provides information, advice, education and training to support safe sleep practices in home and education settings.</li> <li>• Is governed by a National Scientific Advisory Group (NSAG) comprised of members who are experts in the fields of pregnancy, infant and child safety.</li> <li>• Provides best-practice, evidence-based information, resources and advice for safe sleeping and safer pregnancy.</li> <li>• Is a national provider of specialist services for parents and families bereaved by the loss of a pregnancy, stillbirth, or the sudden and unexpected death of a baby or young child.</li> </ul>	<p><b>Website:</b> <a href="http://www.rednose.org.au">www.rednose.org.au</a>  <b>Safe Sleep Advice Line:</b>            1300 998 698 (between 9am and 5pm Monday to Friday AEST)  <b>Email:</b> <a href="mailto:education@rednose.org.au">education@rednose.org.au</a></p>	<ul style="list-style-type: none"> <li>• <a href="#">Best Practice Sleep and Rest Audit Tool</a></li> <li>• <a href="#">Safe Sleep Conversations</a></li> <li>• <a href="#">Safe Sleep Rest Physical Checks</a></li> <li>• <a href="#">Individual Risk Assessment</a></li> <li>• <a href="#">Infant Sleep Risk Assessment</a></li> <li>• <a href="#">Safe Sleep Monitoring Poster</a></li> </ul>
<p>State/Territory Regulatory Authority</p>	<ul style="list-style-type: none"> <li>• Administers the NQF in each state and territory.</li> <li>• Is responsible for monitoring providers', nominated supervisors' and family day care educators' compliance with the NQF, including legislation around children's sleep and rest.</li> <li>• Can provide advice about expectations for compliance with the NQF, considering a service's context</li> <li>• Is responsible for assessment and ratings including assessing Element 2.1.1- Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's need for sleep, rest and relaxation.</li> </ul>	<p><b>Varies by State/Territory – follow the link for the most accurate and up to date contact information:</b>  <a href="#">Contact your regulatory authority   ACECQA</a></p>	<ul style="list-style-type: none"> <li>• <a href="#">Contact your regulatory authority</a></li> </ul>
<p>The Australian Competition and Consumer Commission [ACCC]:</p>	<ul style="list-style-type: none"> <li>• Is Australia's peak consumer protection and competition agency.</li> <li>• Identifies and addresses the risk of serious injury and death from safety hazards in consumer products, including equipment used for sleep and rest.</li> <li>• Sets out standards and requirements for sleep and bedding equipment such as cots and portacots (folding cots).</li> <li>• ACCC's Product Safety Australia website provides information on product safety.</li> <li>• ACCC's Your First Steps website provides up-to-date tips and advice for parents and carers on baby product safety, including using products like cots and portacots (folding cots).</li> </ul>	<p><b>Visit the Product Safety Australia website for more information on how to contact the ACCC, including the reporting of unsafe products:</b>  <a href="#">Contact us</a></p>	<ul style="list-style-type: none"> <li>• <a href="#">Your First Steps</a></li> <li>• <a href="#">For mandatory standards on household cots and folding cots, visit us here</a></li> </ul>