

Safe Sleep and Rest: Who's Who?

Title / Organisation	Role/responsibility in sleep and rest	Contact	Resources
Australian Children's Education and Care Quality Authority [ACECQA]	<ul style="list-style-type: none"> Is the independent national authority for children's education and care, set up under the National Quality Framework (NQF). Assists governments in administering the NQF for children's education and care. Is not responsible for ensuring services' compliance with the NQF. Provides high-level guidance to services in relation to the NQF, including on topics such as sleep and rest (however not in relation to individual services' practices). For the current health guidelines on best practices, services should always contact recognised authorities such as Red Nose Australia. Red Nose is the peak body for safe sleep in Australia. 	Website: www.acecqa.gov.au Phone: 1300 422 327 Email: info@acecqa.gov.au	<ul style="list-style-type: none"> Sleep and rest legislative requirements – ACECQA web page Sleep and rest risk assessment template Policy and Procedure Guideline – Safe sleep and rest practices
Red Nose Australia	<ul style="list-style-type: none"> Is the national recognised authority on safe sleep and provides information, advice, education and training to support safe sleep practices in home and education settings. Is governed by a National Scientific Advisory Group (NSAG) comprised of members who are experts in the fields of pregnancy, infant and child safety. Provides best-practice, evidence-based information, resources and advice for safe sleeping and safer pregnancy. Is a national provider of specialist services for parents and families bereaved by the loss of a pregnancy, stillbirth, or the sudden and unexpected death of a baby or young child. 	Website: www.rednose.org.au Safe Sleep Advice Line: 1300 998 698 (between 9am and 5pm Monday to Friday AEST) Email: education@rednose.org.au	<ul style="list-style-type: none"> Best Practice Sleep and Rest Audit Tool Safe Sleep Conversations Safe Sleep Rest Physical Checks Individual Risk Assessment Infant Sleep Risk Assessment Safe Sleep Monitoring Poster
State/Territory Regulatory Authority	<ul style="list-style-type: none"> Administers the NQF in each state and territory. Is responsible for monitoring providers', nominated supervisors' and family day care educators' compliance with the NQF, including legislation around children's sleep and rest. Can provide advice about expectations for compliance with the NQF, considering a service's context Is responsible for assessment and ratings including assessing Element 2.1.1- Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's need for sleep, rest and relaxation. 	Varies by State/Territory – follow the link for the most accurate and up to date contact information: Contact your regulatory authority ACECQA	<ul style="list-style-type: none"> Contact your regulatory authority
The Australian Competition and Consumer Commission [ACCC]:	<ul style="list-style-type: none"> Is Australia's peak consumer protection and competition agency. Identifies and addresses the risk of serious injury and death from safety hazards in consumer products, including equipment used for sleep and rest. Sets out standards and requirements for sleep and bedding equipment such as cots and portacots (folding cots). ACCC's Product Safety Australia website provides information on product safety. ACCC's Your First Steps website provides up-to-date tips and advice for parents and carers on baby product safety, including using products like cots and portacots (folding cots). 	Visit the Product Safety Australia website for more information on how to contact the ACCC, including the reporting of unsafe products: Contact us	<ul style="list-style-type: none"> Your First Steps For mandatory standards on household cots and folding cots, visit us here