

**Free,
confidential**
support

**red
nose**
grief and loss



for anyone who has experienced:

- Pregnancy loss
- Stillbirth
- Bub or child passing away

Our service is confidential, and culturally sensitive. You are in control of what information you share and support you need. **No referral required!**

Red Nose has been helping people through their pain for a long time. Through their grief and loss journey.

We are here for you.



Email peersupport@rednose.org.au



FREE 24/7 Support Line 1300 308 307



Yarn online or visit our website. You can talk to someone who understands and has been through it too rednosegriefandloss.org.au



**We are
here to
help**