

FREE Support *now*

**red
nose**
grief and loss

If you have lost a baby or child,
FREE professional grief and loss
support is available.



**Call the FREE 24/7 Grief and Loss
Support Line at 1300 308 307**



**Chat online using google
translate or visit the website
rednosegriefandloss.org.au**



Email peersupport@rednose.org.au

You can talk to a caring professional team member or a
lived experience volunteer who has been through it too.

Red Nose has been helping families for over 40 years.


We are here for you.

You can request interpreter support.
Call 131 450 & ask them to call the
Red Nose Support Line.

**Scan to chat
online for support**



Interpreter



“I am so **grateful** for this service, and it has really helped me process my grief and moved forward in my life. This is an invaluable service to people who have lost a baby. Thank you!!”