

# Red Nose Grief & Loss support Services

**red  
nose**  
grief and loss

**We are so very sorry for your loss and want to help you.**

Red Nose offers **FREE support to anyone impacted by loss of a pregnancy, stillbirth, death of baby or child. We help you to connect with other people with same or similar experience.**

**Red Nose is a FREE, confidential services. You do not need a Medicare Card and we provide support regardless of visa status.**

Red Nose designs our support around you. We offer a range of professional support services and lived experience support.

**Your care team  
has referred you  
to Red Nose on:**

\_\_\_\_\_ (Referral date)

A member of the Red Nose team will give you a call. This usually happens within 24 hours. If you don't get a call from someone, you can call us. Our number is **1300 308 307**.

If you need immediate support, you can access our **FREE 24/7 Grief and Loss Support Line on 1300 308 307, email [peersupport@rednose.org.au](mailto:peersupport@rednose.org.au) or visit [www.rednosegriefandloss.org.au](http://www.rednosegriefandloss.org.au)**

You can ask to  
speak to a bilingual  
peer supporter.

**or**

If you need an interpreter  
call **TIS 131 450** & ask them to  
call our Support Line.

